



Asian Sun Martial Arts of Hudson

5837 Darrow Rd. | Hudson Orchard Plaza (330) 650-6333

www.asiansun.net

Class Schedule Effective 5-28-2018

Martial Arts Classes					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Tots Only 11:00am-11:30am	Children's and Family Class 11:00am-11:45am BBC 11:45-12:00pm	Tiger Tots Only 11:00am-11:30am	Children's and Family Class 11:00am-11:45am BBC 11:45-12:00pm		Tiger Tots Only 10:00am-10:30am
Adult, Children's and Family Class 11:30am-12:15pm	Tiger Tots Only 12:00pm-12:30pm	Adult, Children's and Family Class 11:30am-12:15pm	Tiger Tots Only 12:00pm-12:30pm		Tiger Tots Only 10:30am-11:00am
Tiger Tots Only 4:30pm-5:00pm	Tiger Tots Only 4:30pm-5:00pm	Tiger Tots Only 4:30pm-5:00pm	Tiger Tots Only 4:30pm-5:00pm	Tiger Tots Only 4:30pm-5:00pm	Krav Maga 11:00am-11:45am
Children's Only Class 5:00pm-5:45pm BBC 5:45-6:00pm	Children's and Family Class 5:00pm-5:45pm	Children's Only Class 5:00pm-5:45pm BBC 5:45-6:00pm	Children's and Family Class 5:00pm-5:45pm	Children's and Family Class 5:00pm-5:45pm	Children's and Family Class 11:00am-11:45am BBC 11:45-12:00 pm
Children's and Family Class 5:45pm-6:30pm	Children's and Family Class 5:45pm-6:30pm	Children's and Family Class 5:45pm-6:30pm	Children's and Family Class 5:45pm-6:30pm	Children's and Family Class 5:45pm-6:30pm BBC 6:30-6:45pm	Cho Dan Bo and 1st and 2nd Dan Requirements 11:45am-12:30pm
Tiger Tots Only 6:00pm-6:30pm	Tiger Tots Only 6:00pm-6:30pm	Tiger Tots Only 6:00pm-6:30pm	Tiger Tots Only 6:00pm-6:30pm		LEVEL 1 TEAM 12:30pm-2:00pm <i>TEAM Uniform</i>
Children's and Family Class 6:30pm-7:15pm	Children's and Family Class 6:30pm-7:15pm BBC 7:15-7:30pm	Children's and Family Class 6:30pm-7:15pm	Children's and Family Class 6:30pm-7:15pm BBC 7:15-7:30pm	LEVEL 1 TEAM 6:30pm-8:00pm <i>TEAM Uniform</i>	LEVEL 3 TEAM 12:30pm-3:00pm <i>TEAM Uniform</i>
LEVEL 3 TEAM 6:30-8:00pm <i>TEAM Uniform</i>	Krav Maga Self Defense 6:30pm-7:15pm	LEVEL 3 TEAM 6:30pm-8:00pm <i>TEAM Uniform</i>	Krav Maga Self Defense 6:30pm-7:15pm	LEVEL 3 TEAM 6:30pm-8:30pm <i>TEAM Uniform</i>	
Cho Dan Bo and 1st and 2nd Dan Requirements 7:15pm-8:00pm	Adult and Family Class 7:15pm-8:00pm	Cho Dan Bo and 1st and 2nd Dan Requirements 7:15pm-8:00pm	Adult and Family Class 7:15pm-8:00pm	Black Belt Club Members Additional training time is provided in BBC for students participating in Black Belt Club. At the end of normal class, the instructor will continue the lesson with in-depth training from the special Black Belt Club curriculum.	
3rd Dan and Up Requirements 8:00pm-8:30pm		3rd Dan and Up Requirements 8:00pm-8:30pm			

Kickboxing and TRX Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	TRX Suspension Training 6:30pm-7:00pm		TRX Suspension Training 6:30pm-7:00pm		TRX Suspension Training 9:30am-10:00am
	Cardio-Fit Kickboxing 7:15pm-8:00pm		Cardio-Fit Kickboxing 7:15pm-8:00pm		Cardio-Fit Kickboxing 10:05am-10:50am

Coming Events On Facebook at - <https://www.facebook.com/AsianSunHudson/>